

Excursions and other activities

Note: Prices and time schedules indicated are as of early 2011 and are subject to change.

1. Outdoors

1a. Hiking

Canton Zürich (ZH)

Meilen (17 km from Zürich)

Panoramaweg - Sunny Hills

Ideal for shedding off the winter's dull months. Start at the Meilen train station and follow the yellow signs to Burg. This 9.8 km walk will take you through Burg, Toggwil, Warxhalden, Buech, Wängli, Pflugstein and Erlenbach. Around 2.5 h one way. Check the train timetable for the trip back to Meilen.

Kollbrunn (27 km from Zürich)

Panoramic hiking trail in the Winterthur region

Walk from Kollbrunn all the way to Turbental, 14 km one way.

Note: Please refer to the following website for other hiking trails: www.switzerland-rando.ch

Canton Schwyz (SZ)

Altendorf (40 km from Zürich)

Stöcklichrüzgipfel

Hike for 90 min. The starting point is in Bräggerhof. Along the way there are a few options for eating and drinking. First the **Naturfreunde Waldeggli**, then the **Diebishütte** with a nice playground and finally the Lachen **Skihütte** at the top.

📍 Vorderbergstrasse, 8852 Altendorf
☎ 055 442 11 13
🌐 www.skiclub-lachen.ch

Sattel-Hochstuckli (47 km from Zürich)

Drehgondelbahn "Stuckli Rondo"

There are many hiking paths from the Gondola, check the website for endless suggestions.

📍 Sattel-Hochstuckli AG, Postfach 36, 6417 Sattel
☎ 041 836 80 80
✉ info@sattel-hochstuckli.ch
🌐 www.sattel-hochstuckli.ch

Canton St. Gallen (SG)

Amden (68 km from Zürich)

Ski-lift Mattstock

The ski-lift Mattstock takes you from Amden village to a wonderful hiking area. At the top, there are 2 restaurants (Walau and Holzstübli) which offer fine cuisine and there are also children's playgrounds on site. Children up to 16 years of age enter free of charge if accompanied by their parents. Access to over 110 km of hiking trails.

📍 Tourismus Amden-Weesen, Dorfstrasse 22, 8873 Amden
☎ 055 611 14 13
✉ tourismus@amden.ch
🌐 www.amden.ch

📍 Sportbahnen Amden AG, Hinterbergstrasse 2, 8873 Amden
☎ 055 611 12 75
✉ sportbahnen.amden@bluewin.ch




Bad Ragaz (98 km from Zürich)

Panoramic view Guschakopf

The starting point is the Valenserstrasse at the exit of the village of Bad Ragaz. Follow the alpine path in the direction of the Ruin Freudenberg and follow the signs marked hiking path to Guschakopf – this route takes about 1.5 to 2 h.

Bad Ragaz (98 km from Zürich)**Heidi's Trail-Alp Schwarzbüel**

Take the cable car at Bad Ragaz to Pardiel. An array of colorful signs allows you to experience the famous story of Heidi written by Johanna Spyri. The path is wheelchair accessible and leads to the Alp Schwarzbüel. For additional walks, visit the website listed below – available in English.

-  Heidiland Tourismus, Infostelle Bad Ragaz, Am Platz 1, 7310 Bad Ragaz
-  Tel 081 300 40 20
-  info@spavillage.ch
-  www.spavillage.ch





Flumserberg (83 km from Zürich)**High altitude routes**

Flumserberg offers over 110 km of hiking paths. Check on their website to get details on the 7 most popular hikes.

-  Flumserberg Tourismus, Tannenbodenalp, 8898 Flumserberg
-  Tel 081 720 18 18
-  info@flumserberg.ch
-  www.flumserberg.ch

Murg (70 km from Zürich)**Murgtal**


One of the most beautiful valleys in Switzerland. The starting point of the hiking path is in Murg on the Walensee (Lake Walen) or further up the valley. Parking is available at several levels, P2 being the closest to the Murgsee (Lake of Murg). Parking fee is 8 CHF per day.

-  Berggasthaus Murgsee, Postfach 3, 8882 Unterterzen
-  Tel 079 341 66 50
-  info@murgsee.ch
-  www.murgsee.ch select *Wanderungen* option to access information on specific trails.

Pizol (94 km from Zürich)**5-lake ramble**

The 5-lake ramble is the classic Swiss trail. Enjoy one of the loveliest panoramic mountain hikes in Switzerland. The hike starts off at the Pizol *Hütte* and takes between 5 to 6 h.

-  Pizolbahnen AG, Postfach 24, 7323 Wangs
-  Tel 081 300 48 30
-  info@pizol.com
-  www.pizol.com

For additional walks, please refer to Heidiland website:
 www.heidiland.ch

Alt St. Johann (80 km from Zürich)**Toggenburg fairytale trail**

The Alp Sellamatt just above Alt St. Johann allows visitors to explore the Toggenburg fairytale trail. In addition to a hiking excursion you will discover fairytales full of adventure in a breathtaking environment.

-  Toggenburg Bergbahnen AG, Postfach 4, 9656 Alt St. Johann
-  Tel 071 999 11 75
-  bergbahnen@sellamatt.ch
-  www.sellamatt.ch

Toggenburg (103 km from Zürich)**The Sound path**

The path is located at the foot of the Churfürsten and is divided up into 3 stages, from Alp Sellamatt in Alt St. Johann, to the Upper Village in Wildhaus. 11 sound instruments are installed along the way, and can be tried out and played. The sound path offers a combination of an interesting walk in the mountains and an educational experience for the whole family. The sound path is accessible to all age groups from early June until the end of October. The sounds of instruments are mixed with cow bells and the bird song. Everyone can play on the instruments and make their own music. The instruments withstand all weather conditions.




-  www.klangwelt.ch

Wildhaus (86 km from Zürich)**Chrüzegg Geo - Trail Chrüzegg**

On this trail, 50 signs display comprehensive information on the development of the landscape. There are various starting points for this Geo trail. You can choose to start from Atzmännig, Walde, Wattwil, Krinau or Libingen.

Unterwasser (100 km from Zürich)**Schwendi Lakes**

This is an easy hike which starts from either the mountain resort of Iltios in Unterwasser or from the resort of Oberdorf in Wildhaus.

-  Toggenburg Tourismus, Lisighaus, 9658 Wildhaus
-  Tel 071 999 99 11
-  www.toggenburg.org

Hemberg (67 km from Zürich)**Brain Teaser Trail (Chnobelweg)**

Since the summer of 2005 the Toggenburg has a new attraction for keen thinkers of various ages - the Chnobelweg or brain teaser trail in Hemberg.

-  Verkehrsverein Hemberg-Bächli, Dorf, 9633 Hemberg