

# Shopping

## 1. Tips for day-to-day shopping

**Be sure to have sturdy re-usable bags** or baskets when shopping, as it is rare to have groceries packed in free plastic bags. You can purchase re-usable bags at the cashier.

**Be sure to keep some change handy** for a shopping trolley/cart (1 CHF or 2 CHF coins).

**Be sure to weigh** your fruit and vegetables on the special scales and then place the price sticker on the bag (scales placed in the produce section). Make a mental note of the number indicated beside the description and the price per kilo. Most of the fruit/vegetables scales only show the numbers and not the description of the product. **Stück** (means per piece) and no weighing is required.

**We suggest that you withdraw some cash** before grocery shopping. Although credit cards such as MasterCard and Visa are accepted in many stores, it is more common to pay with an EC-card when grocery shopping. Credit cards are not accepted in some stores such as Denner, Aldi and Lidl. You will receive an EC-Card once you open a bank account in Switzerland. Please refer to the *Arrival check list* chapter for an idea of average prices for grocery items.

**You have to pack** your groceries yourself.

**Supermarkets and department stores** such as Migros (Cumulus card), Coop (Super card), Manor (Manor card) and Globus (Globus card) offer their clientele a points system. You can order them directly at the information desk in each shop (**Kundendienst**: information desk).

**Infant changing facilities** are available in most department stores.

**Business opening hours:** Monday–Friday 09:00–18:30 often with a 1.5h to 2h lunch break beginning at 12:00; Saturday 09:00–16:00 (sometimes later) and closed on Sunday. Larger establishments do not close during lunch hours and stay open longer in the evening. Most shops in **Hauptbahnhof Zürich** (main train station), **Zürich Flughafen** (airport), old town Rapperswil-Jona, Kiosks at train stations and Coop Pronto are open for business on Sunday. Gas stations have mini-markets sections,

which are also open on Sundays. Many stores are open on selected Sundays beginning at the end of November until Christmas.

### Tips:

*Banks are usually open from 09:00 until 16:00 (in smaller areas, they close during lunch time) and are also closed on Saturday and Sunday.*

*Post offices are usually open Monday to Friday 07:30–12:00/13:30–18:30, and on Saturday 08:30–12:00.*

*Gas stations are self-service. In most gas stations, protective plastic gloves when pumping gas are available free of charge.*

## 1a. Top-range department stores

### Globus

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#### Globus Outlet Dietlikon

📍 Neue Winterthurerstrasse 7, 8305 Dietlikon (ZH)

☎ Tel 044 805 12 80

#### Globus Zürich Bellevue

📍 Theaterstrasse 12, 8001 Zürich

☎ Tel 044 266 16 16

#### Globus Zürich Bahnhofstrasse

📍 Schweizergasse 11, 8001 Zürich

☎ Tel 044 226 60 60

#### Globus Glattzentrum

📍 Einkaufszentrum Glatt, 8301 Glattzentrum (ZH)

☎ Tel 044 877 80 80

🌐 [www.globus.ch](http://www.globus.ch)

### Jelmoli

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📍 Bahnhofstrasse, 8001 Zürich

☎ Tel 044 220 44 11

🌐 [www.jelmoli.ch](http://www.jelmoli.ch)

## 1b. Mid-range department stores

### Manor

#### Manor Affoltern (ZH)

📍 Obfelderstrasse 19, 8910 Affoltern am Albis  
☎ 044 763 16 99

#### Manor Dietlikon (ZH)

📍 Mähenriedweg 2, 8305 Dietlikon  
☎ 044 833 48 25

#### Manor Hinwil (ZH)

📍 Wässeristrasse 36, 8340 Hinwil  
☎ 044 938 96 99

#### Manor Pfäffikon (SZ)

📍 Seedamm-Center, 8808 Pfäffikon  
☎ 055 415 16 99

#### Manor Rapperswil-Jona (SG)

📍 Neue Jonastrasse 20, 8640 Rapperswil  
☎ 055 220 46 99

#### Manor Schaffhausen (SH)

📍 Fronwagplatz 1, 8201 Schaffhausen  
☎ 052 632 06 99

#### Manor Winterthur (ZH)

📍 Bankstrasse 8, 8401 Winterthur  
☎ 052 265 06 99

#### Manor Zürich

📍 Bahnhofstrasse 75, 8001 Zürich  
☎ 044 229 56 99

#### Manor Zürich Flughafen (airport)

📍 8060 Zürich  
☎ 043 816 43 63

#### Manor Zürich Letzipark

📍 Baslerstrasse 50, 8066 Zürich  
☎ 044 497 36 99

Check for more locations on the following website:

🌐 [www.manor.ch](http://www.manor.ch)

### Coop City

#### Coop City Bellevue

📍 Theaterstrasse 18, 8024 Zürich 1  
☎ 043 268 87 00

#### Coop City Dietlikon (ZH)

📍 Industriestrasse 25, 8305 Dietlikon  
☎ 043 255 89 10

#### Coop City Schaffhausen (SH)

📍 Vordergasse 69, 8200 Schaffhausen  
☎ 052 633 08 48

#### Coop City Sihlcity

📍 Kalandplatz 1, 8045 Zürich  
☎ 044 204 95 50

#### Coop City St. Annahof

Bahnhofstrasse 57, 8001 Zürich  
☎ 044 226 91 00

#### Coop City Volkland (ZH)

Industriestrasse 1, 8604 Volketswil  
☎ 044 908 26 66

#### Coop City Winterthur (ZH)

Bahnhofplatz 1-4, 8400 Winterthur  
☎ 052 260 52 00

Check for more locations on the following website:

🌐 [www.coop.ch/coopciti](http://www.coop.ch/coopciti)

## 1c. Supermarkets

Migros and Coop are the 2 main national grocery store chains, and each has numerous branches throughout the greater Zürich area. Coop has a larger distribution of national and international brands. Migros mostly carries its own brand-name products, allocates 1% of its sales to cultural projects, and does not sell alcohol or tobacco. Both Coop and Migros have a fair amount of organic (Bio) and sustainable (fair trade, controlled agricultural production, and compliance with international labor laws and environmental standards) products. Other available services: dry cleaning, photo services and on site florist.

## 1d. Discount stores

🌐 **Aldi:** [www.aldi.com](http://www.aldi.com)

🌐 **Denner:** [www.denner.ch](http://www.denner.ch)

🌐 **Lidl:** [www.lidl.ch](http://www.lidl.ch)

🌐 **Otto's:** [www.ottos.ch](http://www.ottos.ch)

## 1e. Online shopping

🌐 **[www.aussieshop.ch](http://www.aussieshop.ch)**

Australian groceries.

🌐 **[www.bofrost.ch](http://www.bofrost.ch)**

Frozen products.

🌐 **[www.britshop.ch](http://www.britshop.ch)**

British groceries.

🌐 **[www.myexpatshop.com](http://www.myexpatshop.com)**

British products.

🌐 **[www.peace-foods.ch](http://www.peace-foods.ch)**

Specialized in US bakery products, also have a café in Baar (ZG).

🌐 **[www.cheeseclub.ch](http://www.cheeseclub.ch)**

Excellent British farmhouse cheese, as well as chutneys and crackers. Order online and for selling points in the Zürich area, check website.